

Update on the Healthy Incentives Program (HIP)



HIP spending has exceeded expectations.

What does that mean for HIP?

HIP is suspended until further notice. The last day to earn HIP incentive benefits is **April 15th, 2018**.

We know HIP plays a crucial role in helping you buy healthy fruits and vegetables for your household. We hope to resume the program for part of the summer 2018 growing season.

We will give more information closer to July 2018 when we know more.

Important: You can still use SNAP to purchase fruits and vegetables at

- farmers' markets
- farm stands
- mobile markets
- Community Supported Agriculture (CSA) programs



For more information on DTA programs
Please visit mass.gov/dta
Follow us on Twitter at @DTA_Listens



Maximize Your SNAP Benefits

There are other ways to maximize your benefits.

Tell DTA About Your Expenses!

You may get credit for these expenses even if you are currently not paying for them in full. This may help to increase your SNAP benefits!



Utility Costs: Heating, Cooling, Electricity, Trash Collection, Water & Sewerage, Phone



Shelter Costs: Rent, Mortgage (Principal, Interest, Taxes, & Insurance), Condo Fees, etc.



Dependent Care Costs: Tell us about childcare or adult dependent care costs



DOR Child Support Payments: You may receive credit for paying court ordered child support



Medical Costs: Elderly or disabled clients may claim Co-pays, Prescriptions, Over-the-Counter Medications, Health Insurance, Transportation, etc.

More Resources



To find local food sources please call Project Bread's Food Source Hotline at 1-800-645-8333



To find essential health and human services programs in your area please call 2-1-1



ChooseMyPlate.gov

To find nutritional advice please visit the Food & Nutrition Service website at www.choosemyplate.gov



To find local employment & training providers please visit www.snappathtowork.org



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